Allerthorpe Sprint Triathlon
22nd June 2008

Pos	First Name	Surname	Category	Club	Pos	Swim	Pos	Bike	Pos	Run	Total
1	Tom	Room	Male	Planet X / Uni Of Bath	1	00:08:54	2	00:29:34	3	00:19:22	00:57:50
2	Darren	Sharpe	Male	Raf Tri	21	00:11:36	1	00:29:11	19	00:20:56	01:01:43
3	Simon	Brooksbank	Male	Leeds & Bradford Tri Club	15	00:11:16	11	00:31:48	1	00:19:15	01:02:19
4	Brian	Greensmith	M40		6	00:10:09	4	00:30:23	41	00:22:14	01:02:46
5	Will	Kaye	Male	White Rose Triathletes	11	00:11:11	9	00:31:48	6	00:19:51	01:02:50
6	Oliver	Dixon	M Youth	White Rose Triathletes	8	00:10:30	15	00:32:38	11	00:20:11	01:03:19
7	Steven	Wigglesworth	M40	Vegetarian C&Ac	55	00:13:17	3	00:29:54	12	00:20:15	01:03:26
8	Andrew	Senior	M40	Nyp Tri	20	00:11:30	12	00:31:50	13	00:20:17	01:03:37
9	Paul	Edgar	M40	Adwick Tri	30	00:12:16	6	00:31:00	22	00:21:04	01:04:20
10	John	Ketley	M40	Barracuda Tri Club	34	00:12:24	10	00:31:48	10	00:20:10	01:04:22
11	Derek	Johnson	M50	Wakefield Tri Club	17	00:11:27	23	00:33:35	4	00:19:49	01:04:51
12	Steve	Coates	Male	Barracuda Triathlon Club	32	00:12:21	19	00:33:03	5	00:19:50	01:05:14
13	Richard	Hamilton	Male	Leeds & Bradford Tri Club	75	00:14:11	7	00:31:10	9	00:20:05	01:05:26
14	Ben	Garrard	Male	Leeds And Bradford Tri Club	37	00:12:29	8	00:31:19	38	00:22:08	01:05:56
15	Michael	Blackburn	Male	Blackburn Harriers	50	00:12:55	17	00:32:48	14	00:20:21	01:06:04
16	Daniel	Isherwood	Male	White Rose Triathletes	51	00:13:05	22	00:33:32	7	00:19:56	01:06:33
17	Ian	Kitching	M40	Leeds & Bradford Tri Club	53	00:13:08	13	00:32:29	23	00:21:07	01:06:44
18	Jamie	Martin	M Youth	Boneshakers Wetherby Runners	2	00:09:19	46	00:36:34	18	00:20:55	01:06:48
19	Julian	Read	M40	Nyp Tri	82	00:14:23	5	00:30:59	27	00:21:28	01:06:50
20	William	Eastwood	Male	Loughborough Students	13	00:11:13	26	00:34:10	30	00:21:36	01:06:59
21	Andy	Martin	Male		7	00:10:09	39	00:36:06	21	00:21:00	01:07:15
22	John	Wilson	M40		62	00:13:28	20	00:33:05	17	00:20:49	01:07:22
23	Tom	Williams	Male	Leeds & Bradford Triathlon Club	28	00:11:52	25	00:33:39	34	00:22:01	01:07:32
24	Stewart	Gormley	Male		46	00:12:44	24	00:33:36	25	00:21:16	01:07:36
25	Shaun	Lawson	Male	White Rose Triathletes	9	00:10:40	34	00:35:24	29	00:21:33	01:07:37
26	Huw	Davies	Male	Scunthorpe Tri Club	35	00:12:28	18	00:32:52	51	00:22:47	01:08:07
27	David	Recchia	M Youth	White Rose Triathletes	4	00:09:48	71	00:38:30	8	00:20:00	01:08:18

Allerthorpe Sprint Triathlon
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Pos	First Name	Surname	Category	Club	Pos	Swim	Pos	Bike	Pos	Run	Total
28	Christopher	Duck	Male		18	00:11:27	36	00:35:40	28	00:21:32	01:08:39
30	Samuel	Chambers	M Youth		3	00:09:21	98	00:40:13	2	00:19:21	01:08:55
29	Simon	Nendcik	Male	Barracuda Tri Club	19	00:11:27	30	00:35:00	46	00:22:28	01:08:55
31	Mike	Lake	M50	Barracuda Triathlon Club	23	00:11:40	35	00:35:26	44	00:22:18	01:09:24
32	Thomas	MacDonald	M40	Barracuda Triathlon Club	93	00:15:03	16	00:32:40	35	00:22:01	01:09:44
33	Harry	Dowdell	M50	Leeds & Bradford Tri Club	89	00:14:39	29	00:34:52	16	00:20:48	01:10:19
34	Louise	Hanley	Female	Leeds & Bradford Tri Club	14	00:11:15	33	00:35:10	71	00:23:58	01:10:23
35	Simon	Stewart	M40	National Fire Service Tri	26	00:11:45	52	00:37:04	32	00:21:52	01:10:41
36	Adam	Scott	Male		57	00:13:18	21	00:33:08	87	00:24:35	01:11:01
37	Alastair	Nelson	M40		58	00:13:18	27	00:34:21	63	00:23:34	01:11:13
38	Terry	Lightfoot	M40	White Rose Triathletes	86	00:14:32	32	00:35:06	31	00:21:46	01:11:24
40	Team	Zone	Male	Team Zone (Garry, MacDonald, Wild)	54	00:13:09	53	00:37:05	26	00:21:20	01:11:34
39	Laurie	Smith	Male	White Rose Triathletes	38	00:12:30	43	00:36:24	50	00:22:40	01:11:34
41	Helen	Turton	Female	Leeds & Bradford Tri Club	16	00:11:23	54	00:37:07	56	00:23:12	01:11:42
42	Tristan	Handley	Male		27	00:11:50	41	00:36:18	66	00:23:47	01:11:55
43	Tim	Broomfield	M50	Nyp Tri	108	00:15:38	31	00:35:01	33	00:22:00	01:12:39
44	Mark	Henderson	Male	Barracuda Triathlon Club	63	00:13:34	28	00:34:32	88	00:24:37	01:12:43
45	Michael	Osei	M40		48	00:12:52	61	00:37:46	37	00:22:07	01:12:45
46	Julian	Hood	Male		80	00:14:22	37	00:36:01	49	00:22:39	01:13:02
47	Abey	George-Plunkett	Female	White Rose Triathletes	12	00:11:12	117	00:41:23	20	00:20:59	01:13:34
48	Lisa	Tweddle	Female		10	00:10:44	76	00:38:51	77	00:24:06	01:13:41
49	David	Chippett	M40	Knavesmire Harriers / Eborienteers	73	00:14:03	82	00:39:06	15	00:20:33	01:13:42
50	John	Fenwick	M50	Leeds & Bradford Tri Club	68	00:14:01	59	00:37:33	39	00:22:12	01:13:46
51	Andrew	Kerry	M40	Holmfirth Harriers	96	00:15:07	50	00:36:56	36	00:22:07	01:14:10
52	David	Walker	M40	Barracuda Triathlon Club	65	00:13:49	38	00:36:04	86	00:24:29	01:14:22
53	Pete	Walton	Male		67	00:13:56	42	00:36:22	76	00:24:06	01:14:24
54	Gavin	Tunnard	Male		29	00:12:12	114	00:41:14	24	00:21:11	01:14:37

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Pos	First Name	Surname	Category	Club	Pos	Swim	Pos	Bike	Pos	Run	Total
55	Duncan	Humphreys	Male	Malton Wheelers	81	00:14:22	40	00:36:08	79	00:24:13	01:14:43
56	Russell	Saxby	Male		85	00:14:30	60	00:37:46	48	00:22:36	01:14:52
57	Sean	Treacy	Male		47	00:12:50	80	00:39:00	53	00:23:03	01:14:53
58	Dave	Tucker	M40	Barracuda Triathlon	61	00:13:27	44	00:36:27	106	00:25:37	01:15:31
59	Mike	Thompson	M40		64	00:13:42	63	00:37:48	81	00:24:14	01:15:44
60	James	Lee	M40		131	00:16:44	49	00:36:50	43	00:22:18	01:15:52
61	Matt	Hindmarch	Male		45	00:12:43	86	00:39:20	74	00:24:04	01:16:07
62	Mark	Rayworth	Male		40	00:12:38	73	00:38:44	94	00:24:49	01:16:11
63	Andrew	Christian	Male		132	00:16:47	55	00:37:15	40	00:22:12	01:16:14
64	Oli	Read	Male	White Rose Triathletes	36	00:12:28	104	00:40:29	61	00:23:27	01:16:24
65	Philip	Copley	M40		92	00:15:00	58	00:37:30	73	00:24:01	01:16:31
66	John	Robinson	Male	RAF Tri	99	00:15:13	56	00:37:20	72	00:24:00	01:16:33
67	Gary	Balchin	M40		100	00:15:17	64	00:37:53	62	00:23:29	01:16:39
68	Karen	Spruyt	Female		41	00:12:41	85	00:39:19	92	00:24:45	01:16:45
69	Dan	Cartman	Male	White Rose Triathletes	39	00:12:37	107	00:40:45	60	00:23:24	01:16:46
70	Robert	Goulsbra	Male		76	00:14:12	87	00:39:26	57	00:23:12	01:16:50
71	Carl	Forbes	Male		118	00:16:16	67	00:38:03	47	00:22:32	01:16:51
72	Charles	Parkinson	M Youth	Barracuda Triathlon Club	69	00:14:01	105	00:40:39	45	00:22:23	01:17:03
73	Matt	Allen	Male		33	00:12:22	103	00:40:26	84	00:24:21	01:17:09
74	Caroline	Bell	Female	Triangle Bianchi	101	00:15:19	62	00:37:46	75	00:24:05	01:17:10
75	Rhys	Silverwood	Male	Nyp Tri	83	00:14:27	51	00:37:01	109	00:25:51	01:17:19
76	John	Sinclair	M50	Retford Ac	103	00:15:28	89	00:39:37	42	00:22:17	01:17:22
77	Rachel	Lightfoot	Female	White Rose Triathletes	158	00:21:01	14	00:32:37	68	00:23:52	01:17:30
78	John	Clarke	M60	White Rose Triathletes	77	00:14:12	66	00:38:02	103	00:25:20	01:17:34
79	Graham	Ward-Thompson	M50	Wakefield Triathlon Club	84	00:14:29	57	00:37:22	107	00:25:44	01:17:35
80	Fraser	Gregory	M40	Barracuda Triathlon Club	5	00:10:09	129	00:42:21	100	00:25:10	01:17:40
81	Martin	Bower	M40		70	00:14:01	74	00:38:45	96	00:24:57	01:17:43

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Pos	First Name	Surname	Category	Club	Pos	Swim	Pos	Bike	Pos	Run	Total
82	Tim	Welbourn	M50	Barracuda Triathlon Club	111	00:15:58	78	00:38:51	59	00:23:15	01:18:04
83	Philip	Haskins	Male	Barracuda Triathlon Club	74	00:14:09	94	00:39:54	80	00:24:13	01:18:16
84	Kevin	Rogerson	M40		91	00:14:55	97	00:40:11	58	00:23:14	01:18:20
85	Bernie	Flanagan	M50		52	00:13:05	115	00:41:16	78	00:24:07	01:18:28
86	John	Needham	M40		137	00:17:08	45	00:36:27	98	00:25:02	01:18:37
87	Amber	Southern	Female		59	00:13:25	112	00:41:05	83	00:24:19	01:18:49
88	Richard	Ramshaw	Male		129	00:16:32	70	00:38:26	69	00:23:55	01:18:53
89	Simon	Knopp	Male		105	00:15:29	100	00:40:18	55	00:23:09	01:18:56
90	Philip	North	M40	Leeds & Bradford Tri Club	117	00:16:10	68	00:38:12	93	00:24:46	01:19:08
91	Andy	Blanshard	M50	Wakefield Tri	90	00:14:44	72	00:38:37	113	00:25:57	01:19:18
92	David	Smart	M60	Leeds & Bradford Tri Club	135	00:17:01	75	00:38:50	67	00:23:50	01:19:41
93	Allister	Holmes	Male		138	00:17:15	69	00:38:17	82	00:24:17	01:19:49
94	Stephen	Cooley	M40		115	00:16:01	65	00:37:59	112	00:25:56	01:19:56
95	Paul	Evans	M40	White Rose Triathletes	66	00:13:54	95	00:40:04	114	00:25:58	01:19:56
96	Stewart	McConnell	Male		128	00:16:30	92	00:39:52	65	00:23:44	01:20:06
97	Keith	Usher	Male		130	00:16:39	102	00:40:23	54	00:23:07	01:20:09
98	John	Helliwell	M60	Adwick Tri Club	148	00:18:48	47	00:36:42	90	00:24:41	01:20:11
99	Karen	Moorhouse	Female		72	00:14:03	110	00:41:02	101	00:25:16	01:20:21
100	Nick	Bull	M40		145	00:18:07	77	00:38:51	64	00:23:34	01:20:32
101	Ben	Robinson	Male		31	00:12:17	138	00:43:45	97	00:24:58	01:21:00
102	Emma	Brown	Female		43	00:12:42	111	00:41:02	129	00:27:19	01:21:03
103	Eve	Blanshard	Female	Birmingham University Tri	22	00:11:39	121	00:41:31	132	00:27:55	01:21:05
104	Darren	Quill	M40	White Rose Triathletes	87	00:14:37	116	00:41:18	102	00:25:17	01:21:12
105	Keith	Robson	M60	Manchester Tri	97	00:15:07	84	00:39:11	127	00:27:02	01:21:20
106	Graeme	Harvey	Male		110	00:15:52	122	00:41:34	70	00:23:57	01:21:23
107	Andrew	Coles	Male	Nyp Tri	44	00:12:42	119	00:41:28	130	00:27:23	01:21:33
108	Matthew	Robinson	Male		42	00:12:41	134	00:43:12	110	00:25:51	01:21:44

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Pos	First Name	Surname	Category	Club	Pos	Swim	Pos	Bike	Pos	Run	Total
109	Lisa	Mallon	Female		24	00:11:42	118	00:41:23	145	00:29:02	01:22:07
110	Mark	Johnson	Male		107	00:15:36	123	00:41:40	99	00:25:03	01:22:19
111	John	Tyson	M40	Barracuda Tri Club	139	00:17:19	88	00:39:34	105	00:25:31	01:22:24
112	Khara	Mills	Female	Leeds & Bradford Tri Club	79	00:14:14	124	00:41:45	123	00:26:46	01:22:45
113	Jacqui	Ker	Female	Barracuda Triathlon Club	109	00:15:47	101	00:40:18	124	00:26:48	01:22:53
114	Ian	Tasker	Male		144	00:17:42	113	00:41:06	91	00:24:42	01:23:30
115	Emma	Kicks	Female	Leeds & Bradford Tri Club	98	00:15:08	136	00:43:16	104	00:25:26	01:23:50
116	Graham	Charnock	Male		134	00:16:59	108	00:40:53	115	00:25:58	01:23:50
117	Kerr	Mackie	M40	Leeds & Bradford Tri Club	121	00:16:22	126	00:41:50	108	00:25:44	01:23:56
118	Max	Hough	Male		136	00:17:05	96	00:40:10	125	00:26:52	01:24:07
119	Joseph	O'Hara	Male		150	00:19:01	83	00:39:06	117	00:26:03	01:24:10
120	David	Hawkins-Weeks	M40		149	00:18:52	90	00:39:37	111	00:25:54	01:24:23
121	Helen	Rhodes	F50	Leeds & Bradford Tri Club	125	00:16:25	120	00:41:30	122	00:26:39	01:24:34
122	Matthew	Field	M40	Nyp Tri	142	00:17:34	127	00:42:11	95	00:24:51	01:24:36
123	Stathi	Paizis	Male	Nyp Tri	60	00:13:25	130	00:42:23	143	00:28:54	01:24:42
124	Tim	Fielding	Male		102	00:15:22	109	00:41:02	137	00:28:26	01:24:50
125	Kirstie	Hamilton	Female	Leeds & Bradford Tri Club	94	00:15:05	81	00:39:04	154	00:30:43	01:24:52
126	Patricia	Gill	Female		123	00:16:24	131	00:42:27	116	00:26:02	01:24:53
127	Brian	Perkins	M40	Pocklington Runners	78	00:14:13	142	00:44:14	121	00:26:33	01:25:00
128	Catherine	Yates	Female		122	00:16:23	147	00:45:54	52	00:22:52	01:25:09
129	Nicky	Proctor	F40	White Rose Triathletes	120	00:16:17	132	00:42:44	120	00:26:15	01:25:16
130	David	Bancroft	M50	Wakefield Triathlon Club	113	00:16:00	91	00:39:49	152	00:30:05	01:25:54
131	Sarah	Smith	Female		146	00:18:09	79	00:38:56	141	00:28:51	01:25:56
132	James	McCartney	M Youth	Barracuda Triathlon Club	25	00:11:42	145	00:44:48	147	00:29:27	01:25:57
133	Michael	Noble	Male		124	00:16:24	125	00:41:45	134	00:28:11	01:26:20
134	Mark	Bielby	M40	Barracuda Triathlon Club	112	00:15:59	106	00:40:40	150	00:29:58	01:26:37
135	Karen	Mitchell	F40		49	00:12:52	140	00:43:50	153	00:30:08	01:26:50

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Pos	First Name	Surname	Category	Club	Pos	Swim	Pos	Bike	Pos	Run	Total
136	Claire	Pendery	Female	Wakefield Triathlon Club	88	00:14:38	135	00:43:16	146	00:29:12	01:27:06
137	Amanda	Tetlow	F40		141	00:17:31	128	00:42:13	131	00:27:54	01:27:38
138	Juliet	May	F Youth	Barracuda Triathlon Club	133	00:16:57	141	00:43:53	126	00:27:01	01:27:51
139	Wendy	Oliver	F40	Wakefield Tri Club	116	00:16:07	137	00:43:30	138	00:28:39	01:28:16
140	Alistair	Shingler	Male		156	00:20:37	139	00:43:48	85	00:24:23	01:28:48
141	Paul	O'Rourke	M40	Nyp Tri	155	00:20:33	99	00:40:16	135	00:28:14	01:29:03
142	Katie	Ohara	Female		127	00:16:29	143	00:44:16	136	00:28:26	01:29:11
143	Elizabeth	Davis	F50	White Rose Triathletes	106	00:15:31	146	00:44:55	144	00:29:01	01:29:27
144	Helen	Spring	Female	Knavesmire Harriers (Running Club)	104	00:15:28	154	00:48:39	118	00:26:07	01:30:14
145	Alf	Russell	M40		126	00:16:27	148	00:45:59	148	00:29:31	01:31:57
146	Zach	Smith	M Youth		119	00:16:16	93	00:39:53	159	00:36:14	01:32:23
147	Dorothy	Pullman	F50		147	00:18:13	153	00:48:22	133	00:28:07	01:34:42
148	Gerard	Denny	M40		143	00:17:41	150	00:47:46	149	00:29:46	01:35:13
149	Julie	Dimaline	F40	Barracuda Triathlon Club	95	00:15:06	133	00:42:58	160	00:37:09	01:35:13
150	Helen	Reevell	Female	White Rose Triathletes	114	00:16:01	144	00:44:43	158	00:34:44	01:35:28
151	Caroline	Morgan	Female		152	00:19:33	156	00:51:30	89	00:24:41	01:35:44
152	Frank	Holden	M60		151	00:19:04	151	00:47:59	139	00:28:48	01:35:51
153	Matt	Lewer	Male		154	00:20:01	149	00:47:09	142	00:28:54	01:36:04
154	Lisa	Milnor	F40		140	00:17:26	152	00:48:01	155	00:30:47	01:36:14
155	Julie	Charlton	F40		161	00:22:26	155	00:49:17	156	00:30:55	01:42:38
156	Alison	Jones	F40	Leeds & Bradford Tri Club	157	00:20:56	159	00:54:03	151	00:30:01	01:45:00
157	Angus	O'Donnell	M40		162	00:25:22	158	00:53:16	140	00:28:48	01:47:26
158	Jason	Cherot	Male		159	00:21:47	160	00:59:56	119	00:26:09	01:47:52
159	Seon	Martin	M40	Barracuda Triathlon Club	56	00:13:17	162	01:08:41	128	00:27:14	01:49:12
160	Alison	Nicholls	F40		153	00:19:58	157	00:52:50	161	00:39:35	01:52:23
161	Bob	Purrngton	M40	White Rose Triathletes	160	00:22:10	161	01:01:32	157	00:31:21	01:55:03
	Richard	Leake	M50	Leeds & Bradford Tri Club	71	00:14:02	48	00:36:44			